



Post-Operative Instructions

You have recently undergone retinal eye surgery. Be prepared to rest at home for the first several days following your surgery. Your eye vision will often be very limited after surgery, especially if a gas bubble has been placed in your eye. **DO NOT BE CONCERNED.** Your vision will slowly return over the next several days to weeks. You will notice swelling of your eyelids, bloody tears, and a mucus-like discharge. This is entirely normal and will slowly resolve over time.

You will have some pain in and around the eye for several days after your surgery. A foreign body sensation due to the sutures may also be present (they will dissolve). These symptoms should slowly resolve over time. You can take extra strength Tylenol (two 500 milligram tablets every 4 hours) as needed to relieve the pain. If the pain worsens in spite of the Tylenol, you must call my office at **406.284.2370.**

If you have a gas bubble in the eye, you will be directed to maintain a certain head position after surgery. You must follow these instructions carefully. Failure to do so will decrease the success of your surgery. The gas bubble will slowly resolve over several days to weeks (depending on the type of gas bubble). You will notice a line in your vision, and a shimmering as the gas bubble resolves.

You may shower or bathe normally, including washing your hair. Place an eye patch and shield over the eye and avoid a direct spray. You do not need to wear an eye patch during the day or night.

Your activity should be limited the first several days. If you have a gas bubble, you must maintain the proper positioning as directed. Bed rest is not required. You can go out of the house. You can begin light exercise (walking, biking) one week after your surgery.

BRING ALL EYE DROPS TO EACH VISIT.

406.284.2370